



European Hapkido Alliance

2013

10th Gup, DEPUTY YELLOW BELT

Student's Name _____

GENERAL REQUIREMENTS

1. *Must be a member in good standing of the EHA*
2. *Correct Hapkido uniform must be worn.*
3. *Minimum of 15 lessons prior to grading.*

GENERAL KNOWLEDGE

1. *Basic Hapkido Etiquette.*
2. *Correct form of sitting and kneeling.*
3. *Correct folding of Hapkido Do-Bok (uniform).*
4. *Knowledge of Ki flow.*

DAN JUN HO HUP (5)

NAK BOP (Breakfalls)

1. *Dui Nak Bop (Back Breakfall)*
2. *Yop Nak Bop (Side Breakfall)*

SON PAE KI (10 X Wrist Releases)

JOK SUL (Kicking Techniques)

1. *Straight leg kick.*
2. *Ap Chagi (front kick)*
3. *Morop Chagi (knee kick).*

Examiner's Comments:

General Knowledge	Dan Jun Ho Hup	Nak Bop	Son Pae Ki	Jok Sul
/10	/10	/10	/10	/10