



2nd Gup, DEPUTY RED BELT

Student's Name _____

GENERAL REQUIREMENTS

1. Must be a member in good standing of the EHA
2. Minimum of 30 classes prior to grading

GENERAL KNOWLEDGE

1. Application of Hapkido Philosophy in Daily Life

HYUNG

Go Gup Hyung

HO SHIN SUL

Jap Ki

1. Kibon Soo No.1 variation
2. Kibon Soo No.2 variation
3. Kibon Soo No. 3 variation
4. Cut hand down towards face
5. Push arms up and right cross-step, palm to stomach and pull groin
6. Push arms up and step back on right, low spin kick
7. Scissor kick
8. Steering wheel cross-arm throw
9. Collar and elbow hold, headlock throw
10. Collar and elbow hold, resistance, pull leg out
11. Collar and elbow hold, shoulder/hip throw
12. Collar and elbow hold, slide right arm under his left shoulder and cut in with edge of hand and throw
13. Shoulders grabbed, wrestlers headlock throw – push inside elbow with left hand and strike collar bone with right.
14. Pull down on left arm and push up on right, sweep leg
15. Step forward on right and drop on left knee, drive both arms up, palm strike to knee and pitch over shoulder
16. Lapel and lower sleeve grab, 90 degrees wrist cut
17. Double shoulder grab, ram arm down

KYOK PA

Jump side kick

Hyung	Jap Ki	Kyok Pa
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